



College Module Paper ME09 (worth 50 College CE Credits)

## **Optimal Use of Medicines in Mental Health**

Presented by **Keith Crump** and **Helen Dunn**

Presented by highly experienced specialist mental health pharmacists Keith Crump and Helen Dunn, this distance-taught College Module aims to provide you with an overview of the major illnesses in mental health, the medicines used, and advice on optimising their use.

This Module Programme will be ideal for ALL pharmacists wanting to refresh their knowledge or those wanting to have a better understanding of mental health and their patients with mental illness.



The module will cover the features and pharmacotherapy of Mood and Anxiety Disorders (Major Depressive Disorder & Bipolar Disorder), Schizophrenia and Related Psychoses. The information on the use of psychotropic medicines will include differences between agents, significant adverse effects, monitoring, switching between agents, and interactions.

The course consists of a workbook of notes and selected readings providing learning and background information, a 2-hour audioconference (evening of Tuesday November 29<sup>th</sup>) and two assignments to consolidate your learning and help you apply what you learn to your particular practice. A copy of the audioconference recording will be provided to all participants.

All pharmacists completing the course will receive a certificate of completion and this module is worth 50 College CE credits for all PSNZ/College members.

**Enrol now for programme commencement in early November. This Module has not been held since 2004 and is an excellent opportunity for pharmacists to learn more about mental health in a comfortable environment and apply learning to your specific practice choosing assignment topics of most relevance to you.**

